Men's Life - Journey, Architecture & Legacy

Partnering with POWERPIVOT GROUPS FOR MEN and MALE MENTALITY

MEN'S LIFE ARCHITECTURE

Living One's Vision in ➔

Men Designing their Life Architecture

Provisioning the Prince for -
Experiencing a Joyous, Fulfilling Life, Realizing Their Inner Purpose and Authenticity,
Expressing Full Potential while Unfolding Wellbeing & Balance

Our Life's Roles

Rough Draft

Updated 5/19/24

Life Introductory Packet
Overview to Resources Programs, Servicces

Dear Coheart & Cohort,

My heart is so jubilant from these 4 days of intense insight and progress. The following will be part of an Introductory Packet to Life Architecture, Life Journey and Living Legacy.
The formative concepts for presenting the website are unfolding and soon this will move to launching and developing the website.
Thank you for your interest and holding the intention for this platform to serve us all.

With Appreciation,
Love, Douglas

Mission - Purpose

Vision

Inspiring Quote & Graphic

Table of Contents

Welcome Introduction

Life Architecture Overview: Resources, Services Programs
Overview to Living the Vision in All Roles *(This petal format is how the site will present the concepts to viewers. All the petals are linked and interactive.)*
Life Architecture Roles Overview *(This is a detailed presentation of the roles.)*
Life Architecture Web Platform *(This examples the web content &function.)*
Life Architecture Personal Portal *(This is how the site can be personalized for viewer.)*
Life Architecture Dashboard Details *(This is your personal dash board for growth.)*
Life Architecture Signature Packages *(These are our proposed program offerings.)*
Life Architecture Sample Fulfillment Chart *(not included yet)*

Resource Center Overview

Launch and Phased Development Strategy *(Draft details being created daily.)*

Fulfillment in the Age of Imagination

Introduction to 'Our Life's Roles'

Rough Draft

Updated 2/5/2024
© Men's Life Architecture

Being the Architecture of Your Life and "Living One's Vision" in all Our Roles

Authentically Expressing One's Purpose , Creating Wellbeing, Balance, Expressing Full-Potential

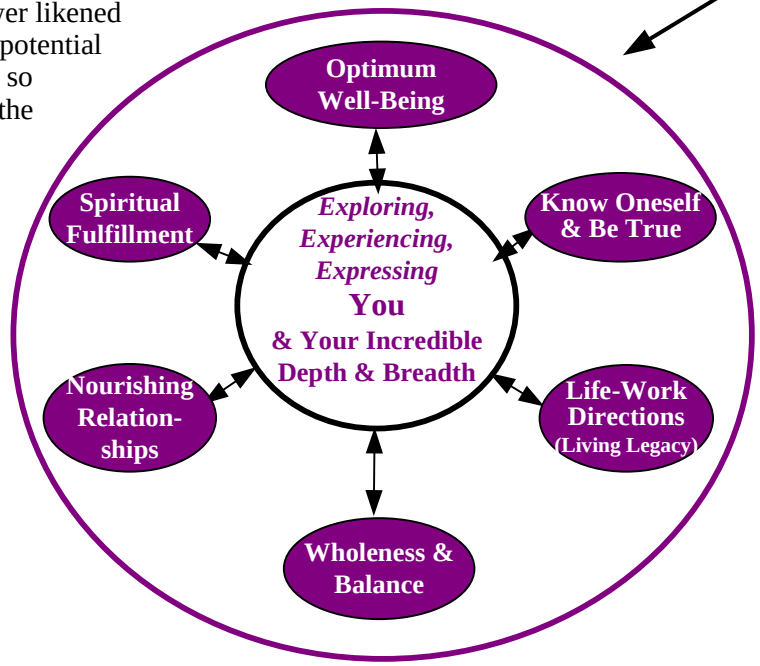
Dear Explorer,

Welcome to the Men's Life Architecture. A reviewer likened this comprehensive overview to exploring our full potential and fulfillment as a Rosetta stone helping decipher so many seemingly disparate aspects and domains of the human experience. Someone said it's the Manual that should come with our birth or be an inquiry survey course in school.



The context for understanding 'Designing Our Life Architecture' was introduced in **The Hero's Journey – Archetypal Quests of Destiny 's Journey.** It presented the process for Expansion & Manifestation, integrating the Tiers of our Being. Now we explore the implementation in our Roles.

'Designing Our Life Architecture' denotes we are responsible in creating a Vision for our life we aspire to in all its roles and aspect. 'Living the Vision' is the reminder that the medium is the message, or form follows essence - it's about Being > Doing > Having. The temple represents the 4 core pillars of our temple: Physical, Emotional, Mental and Spiritual. Over the door to the ancient Greek healing temple was written, 'Know Thyself'. Life's Journey was the context to the process, Life Architecture is manifest this in all our Roles and their Aspects.



This image symbolizes 'Being our Full Potential' in all our Roles and their Aspects. The process in realization is - *Exploring, Experiencing & Expressing.* The overview is an invitation to creating complete wellbeing, balance and fulfillment; each petal is a component. The following page introduces the **3rd Core Program** - manifesting **Living Legacy** in the 'Domains of Life'.



Our Roles – In Living Our Vision

Creating Optimum Well-Being
Know Oneself and Be True
Unfolding Living Legacy
Creating Wholeness Balance, Fulfillment
Enjoying Nourishing Relationships: Connectedness
Discovering Spiritual Fulfillment

Exploring Each Role

Each Role's Front Page utilizes the same symbol. The 1st page is simply an introduction for the right brain to *see (visualize) it*
The 2nd page presents the symbol with more details to facilitate *getting (understand) it.*
This 3rd page is a detailed overview for the left brain to *comprehend it*. These pages are static, (in time) the symbol's components will be active links. You will be able to adeptly move between Roles and their Aspects unpacking the concepts and drilling down for insights.

Resources: Tools & Technologies

In the funded future Men's Life Architecture will be linked to recommended resourcs, annotated descriptions of Templates, Tools and Technologies The pages will list the best books and videos, programs and courses., plus helpful organizations. The intention is to create a comprehensive and integrated web portal for exploring and expression full potential in all our Roles/ Aspects and Domains.

MEN'S LIFE ARCHITECTURE

Living One's Vision ➔

Men Designing their Life Architecture

Rough Draft

Overview of Full Potential & Fulfilling Life Roles

Authentically Expressing One's Purpose , Creating Wellbeing, Balance, Expressing Full-Potential

Our Life' Roles

Updated 2/5/24

1. Creating Optimum Well-Being: Integrating Aspects of Personality, Stages of Development - *The Wondrous Sojourn, To Deeply Explore (Self)*

A. Stages of Personality Integration & Levels of Optimum Wellbeing
Physical, Emotional, Mental,
Social, Spiritual/Ethical, Universal

B. Transformational Living ↔ Transcendent Being
Healing Cause to Being at Cause
Healing the Cause v. Sick Cycle
Tracing Patterns to their Cause
Transforming Core Programming
Nourishing & Nurturing Life
'Freedom To' & Creating Choice
Being-Doing-Having, In-Now
Awareness Thinking - Doing

C. Transforming Life's Challenges

D. 'Wheel of Life' & Expanding Domains of Our Full Expression: Personal to Planetary

E. Psychological Develop. (Stages)

F. Basic Human Needs we Share; Universal Themes

2. Knowing Oneself & Being True: Expressing Life Themes & Purpose, Unique Design & Blue Print, Goals

The Beautiful Discovery to Experience Self Enhancing Integrity, Authenticity, Autonomy, Self Esteem … While Fulfilling Life Purpose

A. Temperaments & Predispositions
"Know Thyself "
Personality Types & Profiles
Balancing Feminine/Masculine
Left/Right Brain, Head/Heart Balance
Identities: Gender, Age, Race, Culture
Life Style Preferences
Da Vincian Self Assessment

B. Attributes & Qualities
Self Understanding & Appreciation
Self Confidence to Self Esteem
Gifts & Talents, Vocational Bents
Leadership Styles

C. Ethics & Values: *Be True to Thyself*
Ethics Assessment; Values Statement
Personal Culture Statement

D. Unique Design & Universal Nature
Exploring Life Themes
Uncovering a Blueprint
Core Being, Human Design
Fundamental Archetypes
Path of life through "
12 Life Lessons/Attributes
Life Destiny

E. Life Purpose, Mission Statement
Fulfilling life Purpose
Inner & Outer Life Purpose
Personal Mission Statement

Life Goals, i.e.
Bucket List

F. Transitions and Passages
Honoring the Rhythms of Life
7 yr. & 9 yr. cycles, 10 year
Passages: Single, Married,
Children, Empty Nest, Grand-children….

3. Life-Work Directions (Unfolding Living Legacy): Uncovering One's Passion-Bliss, Calling-Service, Your Opus, Expanding Career & Finances

'The Extraordinary Adventure' Powerfully Expressing Self, Revealing Significance, Being Full-Potential, Realizing Dreams, Manifesting Mission

A. Passion-Bliss: *'Fire in Your Belly'* → **Living Legacy:** *'Advancing the Human Spirit'*
" Following Your Bliss"
'Professional' Mission Statement
Goals & Implementation Plan
Realizing Goals
Manifesting Mission
Opus - 'Life's Work(s)'

Calling - Service: ... *What you love to give*
Transforming our World
Co-creating Shared Dreams

Vision: *In its full potential*
Long Term Vision
Working Back to Present

B. Career: *Making a Living, Making a Difference*
Creating your work, Building a Career:
Educational & Professional Development

C. Fulfilling our Potential: Achiever Skills
Creativity & Imagination
Excellence, Leadership Development

D. Financial Well-Being
Prosperity & Freedom Thinking
$ Goals, Budgets & Planning

Financial Architecture
Financial Wheel of Abundance

E. Contribution and Participation: → **F. Expanding Domains of Participation**
Volunteer Services, People in need
Community Involvement
Humanitarian-Spiritual Orgs. Public Interest Advocacy
Educ.- Cultural Orgs. Political Participation

4. Creating Wholeness & Balance: Fulfillment & Full Expression - *'The Joyful Exploration' to Genuinely Know Aliveness & Joy in a Rich and Meaningful Life*

A. Wholistic Wellbeing
Holistic Wellness
Emotional Nurturance
Mental Unfolding

B. Play, Recreation Entertainment, Edutainment

C. Creative Expression; Beauty & Harmony

D. Hobbies & Interests Life Long Learning

E. Expressing Self Fully at Home
Sacred Spaces to Hospitality

Fulfilling Life Style; Fellowship

F. Community to Planetary Participation
Community Fun to Good Citizenry;
Personal Stewardship &Planetary Sustainability

5. Enjoying Nourishing Relationships: Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

'The Shared Passage' Truly Connecting - Finding Fulfilling, Intimate, Authentic Relationships in Deeply Interconnected Lives

A. Unfolding Nourishing Relationships & Fulfilling Family Life

B. Enjoying Oneself Socially, Connecting Fully

C. Belonging & Community

D. Creating Connectedness, Building Community

E. Social Insights & Communications
Compassionate Communica., Gender
Understanding, Embracing Diversity

F. Celebrating, Honoring, Remembering

6. Discovering Spiritual Fulfillment: Being One's Unique Divinity in Joy & Wellbeing, Love & Service;

'The Sacred Journey' - to be Complete, at Peace - Spiritual Alignment & Empowerment for the Whole Being...

A. Spiritual Context: Purpose, Process, Personality

B. Nourishing the oul: Insights on the Path

C. The Sacred Journey - to Know & Express Soul

D. Serving Others, Your Outer Purpose

E. Spiritual Attributes to Archetypes

F. Spiritual Formation & Stages

Men's Life - Journey, Architecture & Legacy

Partnering with POWERPIVOT GROUPS FOR MEN

MALE MENTALITY

MEN'S LIFE ARCHITECTURE

Living One's Vision in ➔

Men Designing their Life Architecture

Provisioning the Prince for -
Experiencing a Joyous, Fulfilling Life, Realizing Their Inner Purpose and Authenticity,
Expressing Full Potential while Unfolding Wellbeing & Balance

Our Life's Roles

Resources, Services, & Programs

Rough Draft

Updated 5/19/24

Being Full-Potential in Our Roles

1. Know Oneself & Be True
The Beautiful Discovery
Exploring Life Themes & Purpose, Unique Design & Universal Nature, Blue Print, Goals

2. Optimum Well-Being
The Wondrous Journey
Integrating Personality, Stages of Development, Transformational Living, Transcendent Being

3. Wholeness & Balance
The Joyful Exploration
Fulfillment & Full Expression

4. Nourishing Relationships
The Shared Passage
Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

5. Spiritual Fulfillment
The Sacred Journey
Expressing One's Unique Divinity In Joy & Wellbeing, Love & Service

Life Architecture Resources, Services & Programs integrates seamlessly with Men's Life Journey and Living Legacy

Delivering on commitments to & by Men & GfM Members in their core roles -
A Comprehensive Delivery Platform for Men's Challenges & Transformation

The following are ala-carte, bundled, or best possibility, members have their own Life Architecture Portal and comprehensive Dashboard. Where checklists, goals, notes, lists are integrated as Full Potential Support

1.Resources: Search Linked Directory — **Amazon MLA Book Store, & Men's Mall (%), Organizational Directory,**

2. Service Referrals (Fee, Co-op Mrktg.)

2. Services – Bundling with Orgs. (J.V.s)

Specialists: Therapists, Addiction Treatment, Debt/Financial Planning,
A. Personality Temperaments, Learning Styles, Human Design,
B. Health/Wellness & Wellbeing (Mental Health) Assessments
E. Stage of Development, Phase, EQ/SQ ...
C. Vocational Aptitudes, Life Purpose...
D. Parenting Style Assessments, & Children's Learning Assesments

2. Services – MLA Created — **MLA Compiles all the above in Know Thyself:** Personality Profile, archetype assessments, stage of development

3. Referral Network Program: (Fee) — **Vetting & Providing 'Best of" Referrals:** Parent Effectiveness Training

3. GfM Programs for MLA Topics

3. MLA Programs with/by GfM Trained Specialists for the MLA Core Roles/Themes

Coaching; Groups; Self-Paced Programs; Programs with group support/individual coaching; 8 Week Hybrid Classes, Facilitated Theme Groups, In Person, Workshops, Guest Forums, Mentoring

3. MLA Programs created by MLA/ GfM for GfM Members

3. MLA Programs created by MLA/ GfM for Institutions, Enterprises

21 Day 'Know Oneself & Be True Compilations:
Life Blue Print Personality Profile: Passions and Vocational Dispositions; Inner & Outer Life Purpose; Wellness and Wellbeing Inventories and a Plan,
'Life Architecture Navigation Chart' (Overview) & Plan for core roles; ... Family Plan; Mission-Visions Plan

3. MLA Publishing, Videos, Talks — **E-Books, Downloaded Surveys to Pamphlets, YouTube Channel...**

Updated 5/19/24

Men's Life - Journey, Architecture & Legacy

Partnering with POWERPIVOT GROUPS FOR MEN — MALE MENTALITY

MEN'S LIFE ARCHITECTURE

Living One's Vision in ➔

Men Designing their Life Architecture

Rough Draft

Provisioning the Prince for -
Experiencing a Joyous, Fulfilling Life, Realizing Their Inner Purpose and Authenticity, Expressing Full Potential while Unfolding Wellbeing & Balance

Our Life's Roles

Resources

- Search - Index
- Media - Book Store
- Group Directory
- Men's Mall
- MLA Workbooks, E-Pamphlets, Videos

Referral Service Specialists: i.e. Therapists,
A. Personality Temperaments, Learning Styles, Human Design,
B. Health/Wellness & Wellbeing (Mental Health) Assessments
E. Stage of Development, Phase, EQ/SQ ...
C. Vocational Aptitudes, Life Purpose…
D. Parenting Style Assessments, & Children's Assessments

MLA Compiles all the above in Know Thyself Bundles:
Personality Profile, archetype insights, stage of development

Services

- Search - Index
- Top Service Referrals
- Bundled Services
- MLA Services

Programs

- Search - Index
- Top Prog. Referrals
- Bundled Programs
- MLA Programs

Referral Program Specialties i.e. Therapists,
A. GfM Coaching/Groups for MLA Topics
B. GfM Trained MLA: Coaches, Grp. Ldrs., Mentors
E. MLA Created Programs on Core Roles/Themes.
C. MLA Created Programs for Institutions, Enterprises
D. Parenting Style Assessments, & Children's Assessments

Program Formats: Coaching; Groups; Self-Paced Programs; Programs with group support/individual coaching; 8 Week Hybrid Classes, Facilitated Theme Groups, In Person, Workshops, Guest Forums, Mentoring

Sample Content:
21 Day 'Know Oneself & Be True Compilations:
Life Blue Print Personality Profile: Passions and Vocational Dispositions; Inner & Outer Life Purpose; Wellness and Wellbeing Inventories and a Plan,
'Life Architecture Navigation Chart' (Overview) & Plan for core roles; ... Family Plan; Mission-Visions Plan

Personal Portal

About

Purpose & Mission
Goals & Vision;
Testimonials, Endorse
Good Newsroom

Participation

Being a Member
Committing to Values
Making a Difference
Being a Mentor

Donors & Patrons

Organizational Support
Sponsors
Endorsements
Book a Keynote

Creating Alliances
Foundations
Self Help Orgs
Social Service Orgs
Community Orgs
Government Agencies

Connecting

- Contact
- Member Care
- Membership Form
- Q & A
- Surveying Your Interests
- Suggestion Box
- Media Center
  Book a Keynotes, Interview

Men's Life - Journey, Architecture & Legacy

Partnering with POWERPIVOT GROUPS FOR MEN

MALE MENTALITY

MEN'S LIFE ARCHITECTURE

Living One's Vision ➔

Designing My Life Architecture

My Portal for - Transformation, Full-Potential, Fulfillment...
My Dashboard for – Goals, Resources, Strategies, Rewards...

My Life's Roles



Rough Draft

Portal Overview of Sample Functions & Benefits

A Comprehensive Delivery Portal for Your Challenges & Aspirations

Updated 5/20/24

Dear Coheart & Cohort,
Life Architecture synthesizes the panoply of Resources, Services & Programs into comprehensive and synergistic platform for being our full potential. From the Life Architecture sections a customer (ala-carte); client (packages), can become a Portal member with their own Dashboard.
All tests, inventory results can be uploaded: coaching & program notes; Goals, Checklists, Outlines, Timelines/Calendar..
Then the Individualized Inventories, Coach/Mentor/ Facilitator Integrated Assessments and Coach supported Plans can be easily seen and progress tracking included.
This is an comprehensive, individualized platform for realizing a full-potential life and manifesting destiny.

In Anticipation, Douglas

Full Potential Roles

- **Wellness Inventory**
- **Wellbeing Assessment**
  - Transformational Healing Insight
  - Fulfillment Intentions Vision
- **Personal Profile**
- **Life Phase, Stage, Tier**
- **Inner Life Purpose**
- **Outer Life Purpose**
- **Vocation Aptitudes**
- **Relationship Insights**
- **Parenting Insights**
- **Financial Insights**
- **Spiritual Fulfillment**

Ala-Carte, Compiled, Interwoven
Facilitated Insights/ Plans, Guided Programs, Coached Support

Resources	Services	Programs
Search - Index	Search - Index	Search - Index
Media - Book Store	Top Service Referrals	Top Prog. Referrals
Group Directory	Bundled Services	Bundled Programs
Men's Mall	MLA Service Packages	MLA Programs
MLA Workbooks, E-Pamphlets, Videos		Groups for Men Coaching MLA Roles

Referral Program Specialties i.e. Therapists,
A. GfM Coaching/Groups for MLA Topics
B. GfM Trained : Coaches, Grp. Ldrs., Mentors
E. MLA Created Programs on Core Roles/Themes.
C. MLA Created Programs for Institutions, Enterprises
D. Parenting Style Assessments, & Children's Assessments

Program Formats: Coaching; Groups; Self-Paced Programs; Programs with group support/individual coaching; 8 Week Hybrid Classes, Facilitated Theme Groups, In Person, Workshops, Guest Forums, Mentoring

Sample Life Architecture Packages:
Life Blue Print Personality Profile: Passions and Vocational Dispositions; Inner & Outer Life Purpose; Wellness and Wellbeing Inventories and a Plan,
'Life Architecture Navigation Chart' (Overview) & Plan for core roles; ... Family Plan; Mission-Visions Plan

Men's Life - Journey, Architecture & Legacy

Partnering with POWERPIVOT GROUPS FOR MEN — MALE MENTALITY

MEN'S LIFE ARCHITECTURE

Living One's Vision ➔

Designing My Life Architecture

My Portal for - Transformation, Full-Potential, Fulfillment...
My Dashboard for – Goals, Resources, Strategies, Rewards...

My Life's Roles

Rough Draft

Core Inventories & Insights, Signature Packages

Updated 5/22/24

A Continuum of Ala-Carte, Compiled, Interwoven Services and Programs

Explore your interests & aspirations, collect & compile supportive info.,, correlate & assess insights, help provide top growth programs.

Recommended Resources	DIY Referred Services	Bundled Services with Partners	MLA Compilation Services	MLA Self Paced & Guided Programs	GfM Coaching, Groups (MLA Topics)
Utilizing our Resource Ctr. You can explore the vetted books, wrk. Bks., videos, program & service organizations	Where there is further interest we offer referrals to preferred provider program & service organizations	Working with partners you can utilize bundled services & topical specialists: coaches, therapeutic support ...	Increasingly we will design technologies and train Facilitators to help you compile, correlate and assess insights.	Inevitably you can participate in MLA Self Paced Programs, then add in a Facilitator or Mentor & join a group.	Currently Groups for Men offers the PowerPivot program, coaching, groups & will train MLA coaches.

This draft samples potential core Life Architecture Themes. The main platform will present the 'petals' format for a simpler interactive exploration.

Wellness & Well-Being Assessments
- Wellness Inventory
- Emotiobnal Well-Being
- Mental Health

Core Issues, EQ Transformative Healing

Life Phase Stage of Development
- Hierarchy of Needs
- Psychological Development
- Levels of Integration

Identity, Orientation,

Inventories & My Design Personality Profile
- Temperaments - Predispositions *"Know Thyself"*
- Attributes, Qualities, Gifts *Self Appreciation*
- Ethics & Values *Be True ...*
- Learning Styles
- Creativity & Imagination

Life Themes Inner Life Purpose

Outer Life Purpose Passion - Mission - Vision
- Calling, Commission
- Discover Passion- Follow Bliss *"Fire In Your Belly"*

Vocational Aptitudes
- Life-Work Directions
- Financial Insights
- Management & Leadership Style

SQ – Social Quotient Connecting, Belonging
- Relationship Insights
- Family Dyanmics
- Parenting Insights

Living Legacy
- Being One's Full-Potential in Core Domains
- Dreams Ultd.
- Legacy Aspirations

Spiritual Fulfillment Universal ....
- Spiritual Formation & Stages

Fulfillment Life Navigation Map
- Core MLA Service

Resource Center

Life's Journey, Architecture & Living Legacy

Our Life's Roles

Tipping Point Tools & Social Technologies

Alphabetical Index of Annotated Resources & Tools

Provisioning: Top Resources, Sifted & Organized for Interactive Accessibility

Partnering with POWERPIVOT GROUPS FOR MEN

Search

Topical Index

Books & Downloads | Periodicals & Downloads | Educational Cds/ DVDs, Videos | Edutainment Broadcasts, Media | Websites, Virtual Resources

Organizations Associations | Government Agencies | Programs & Services | Events, Symposia, Conferences | Academic Programs

Special Interest Resources

Boomers | Disabled | Gays | Minorities | Veterans | Youth

This A-Z Resource index helps explorers find a specific title and read a short description. Hyperlinks will be included in the listings that facilitate you checking additional information. All resources from books to organizations, websites to videos will be listed here in alphabetical order. These same resources will be categorized by the type of resource as exampled in the horizontal toolbar above, thus facilitating searching by medium. Compiling relevant resources is the first task, The next task is to comparatively evaluate resources, "we sift through it for you." Then the top resources are prioritized.

Men's Mall

Something Good in Store: Purpose-full Purchases; Cause -Compassion Shopping

Life Enriching Products, Programs & Services

Supplying "Builders of the New Dawn" at a 'Time for Transformative Movements' in the "Age of Imagination"

Global Ideas Marketplace ™
Discovery University
Imaginarium - World Faire Pavilions
Creativity, Imagination, Thinking Store
Transformational & Visionary Arts Center
Kids World
Parenting Store
Boomer's Gateway
GNN – Great News Net

TLC Centers
Total Life Complimentary Wellbeing Center ™
Wholistic Wellness Clinic (PEMF…)
'Farmacy' – Natural Apothecary
Spa – Natural Apothecary
Natural Beauty Emporium
The Life After Happy Endings Gift Shop;
Cooperative Sports Family Recreation
Holistic Health Club

Whole Life Resources & Services Center ™
Legacy Financial Planning Office,
Green real estate office
Legacy Travel World Wide Web
Vocational Counseling Center

Rough Draft

Updated 5/21/24