2.2 Overview of our Roles & Aspects - Being the Architecture of Your Life and "Living One's Vision"

Rough Draft

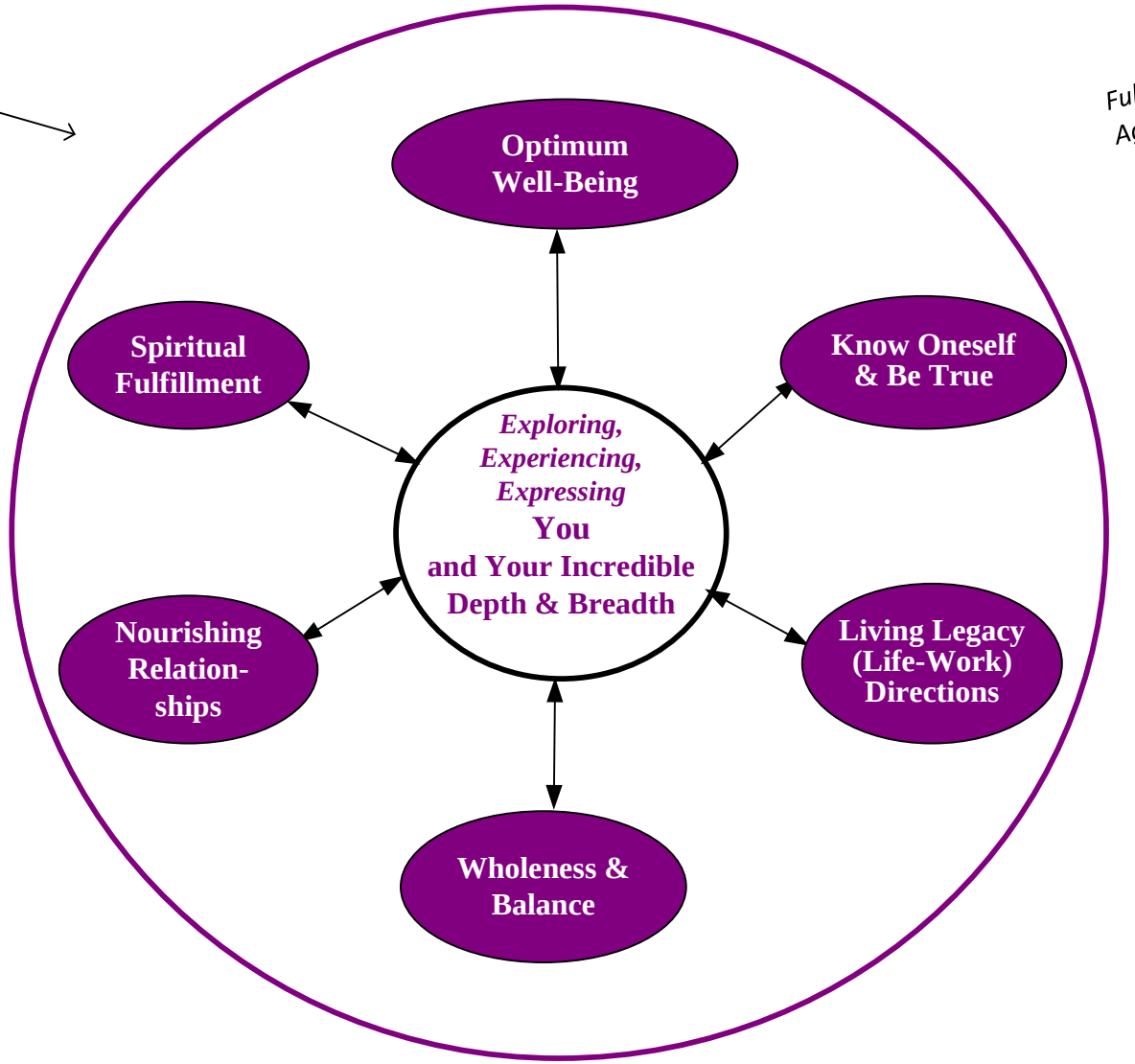
Authentically Expressing One's Purpose , Creating Wellbeing, Balance, Expressing Full-Potential

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Click Any 'Pedal' on Symbol to Explore Subject

Click for Synthesis of of Living One's Vision (Left Brain Overview)

Fulfillment in the Age of Imagination



OVERVIEW - Being the Architecture of Your Life and "Living One's Vision"

Updated 2/5/2024

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Authentically Expressing One's Purpose , Creating Wellbeing, Balance, Expressing Full-Potential

Rough Draft

Fulfillment in the Age of Imagination

Symbol's Details Chart

Optimum Well-Being

Integrating Personality, Stages of Development, Transformational Living, Transcendent Being

1. To Deeply Explore (Self)

Nourished, Nurturing while Being at Cause with Freedom & Choice

Spiritual Fulfillment

Expressing One's Unique Divinity in Joy & Wellbeing, Love & Service;

6. To Be Complete (Body, Mind, Spirit), At Peace

Spiritual Alignment & Empowerment for the Whole Being...

Know Oneself & Be True

Exploring Life Themes & Purpose, Unique Design & Universal Nature, Blue Print, Goals

2. To Profoundly Experience (Self)

Enhancing Integrity, Authenticity, Autonomy, Self Esteem ... Fulfilling Life Purpose

The Wondrous Sojourn

The Sacred Journey

The Beautiful Discovery

***Exploring, Experiencing, Expressing* Your Incredible Depth & Breadth**

The Shared Passage

The Extraordinary Adventure

The Joyful Exploration

Nourishing Relationships

Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

5. To Truly Connect

Finding Fulfilling, Intimate, Authentic Relationships in Deeply Interconnected Lives

Life-Work Directions

(Related to Living Legacuy)

Uncovering Passion-Bliss, Calling-Service, Your Opus, Expanding Career & Finances

3. To Powerfully Express (Self)

Revealing Significance, Being Full-Potential, Realizing Dreams, Manifesting Mission

Wholeness & Balance

Fulfillment & Full Expression

4. To Genuinely Know Aliveness & Joy

in a Rich & Meaningful Life Filled with Appreciation

Next Page →

MEN'S LIFE ARCHITECTURE

OVERVIEW - Being the Architecture of Your Life and "Living One's Vision"

Authentically Expressing One's Purpose , Creating Wellbeing, Balance, Expressing Full-Potential

Rough Draft
Synthesis Chart (Left Brain Overview)

1. Creating Optimum Well-Being: Integrating Aspects of Personality, Stages of Development - *The Wondrous Sojourn, To Deeply Explore (Self)*

A. Stages of Personality Integration & Levels of Optimum Wellbeing
Physical, Emotional, Mental, Social, Spiritual/Ethical, Universal

B. Transformational Living ↔ Transcendent Being
Healing Cause to Being at Cause
Healing the Cause v. Sick Cycle
Tracing Patterns to their Cause
Transforming Core Programming
Nourishing & Nurturing Life
'Freedom To' & Creating Choice
Being-Doing-Having, In-Now
Awareness Thinking - Doing

C. Transforming Life's Challenges

D. 'Wheel of Life' & Expanding Domains of Our Full Expression: Personal to Planetary

E. Psychological Develop. (Stages)

F. Basic Human Needs we Share; Universal Themes

2. Knowing Oneself & Being True: Expressing Life Themes & Purpose, Unique Design & Blue Print, Goals

The Beautiful Discovery to Experience Self Enhancing Integrity, Authenticity, Autonomy, Self Esteem … While Fulfilling Life Purpose

A. Temperaments & Predispositions
"Know Thyself"
Personality Types & Profiles
Balancing Feminine/Masculine
Left/Right Brain, Head/Heart Balance
Identities: Gender, Age, Race, Culture
Life Style Preferences
Da Vincian Self Assessment

B. Attributes & Qualities
Self Understanding & Appreciation
Self Confidence to Self Esteem
Gifts & Talents, Vocational Bents
Leadership Styles

C. Ethics & Values: *Be True to Thyself*
Ethics Assessment; Values Statement
Personal Culture Statement

D. Unique Design & Universal Nature
Exploring Life Themes
Uncovering a Blueprint
Core Being, Human Design
Fundamental Archetypes
Path of life through "
12 Life Lessons/Attributes
Life Destiny

E. Life Purpose, Mission Statement
Fulfilling life Purpose
Inner & Outer Life Purpose
Personal Mission Statement

Life Goals, i.e.
Bucket List

F. Transitions and Passages
Honoring the Rhythms of Life
7 yr. & 9 yr. cycles, 10 year Passages: Single, Married, Children, Empty Nest, Grand-children….

3. Life-Work Directions (Unfolding Living Legacy): Uncovering One's Passion-Bliss, Calling-Service, Your Opus, Expanding Career & Finances

'The Extraordinary Adventure' Powerfully Expressing Self, Revealing Significance, Being Full-Potential, Realizing Dreams, Manifesting Mission

A. Passion-Bliss: *'Fire in Your Belly'* →
" Following Your Bliss"
'Professional' Mission Statement
Goals & Implementation Plan

Calling - Service: ... *What you love to give*
Transforming our World
Co-creating Shared Dreams

Living Legacy: *'Advancing the Human Spirit'*
Realizing Goals
Manifesting Mission
Opus - 'Life's Work(s)'

Vision: *In its full potential*
Long Term Vision
Working Back to Present

B. Career: *Making a Living, Making a Difference*
Creating your work, Building a Career:
Educational & Professional Development

C. Fulfilling our Potential: Achiever Skills
Creativity & Imagination
Excellence, Leadership Development

D. Financial Well-Being
Prosperity & Freedom Thinking
$ Goals, Budgets & Planning

Financial Architecture
Financial Wheel of Abundance

E. Contribution and Participation: →
Volunteer Services, People in need
Community Involvement

F. Expanding Domains of Participation
Humanitarian-Spiritual Orgs. Public Interest Advocacy
Educ.- Cultural Orgs. Political Participation

4. Creating Wholeness & Balance: Fulfillment & Full Expression - *'The Joyful Exploration' to Genuinely Know Aliveness & Joy in a Rich and Meaningful Life*

A. Wholistic Wellbeing
Holistic Wellness
Emotional Nurturance
Mental Unfolding

B. Play, Recreation Entertainment, Edutainment

C. Creative Expression; Beauty & Harmony

D. Hobbies & Interests Life Long Learning

E. Expressing Self Fully at Home
Sacred Spaces to Hospitality

Fulfilling Life Style; Fellowship

F. Community to Planetary Participation
Community Fun to Good Citizenry;
Personal Stewardship &Planetary Sustainability

5. Enjoying Nourishing Relationships: Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

'The Shared Passage' Truly Connecting - Finding Fulfilling, Intimate, Authentic Relationships in Deeply Interconnected Lives

A. Unfolding Nourishing Relationships & Fulfilling Family Life

B. Enjoying Oneself Socially, Connecting Fully

C. Belonging & Community

D. Creating Connectedness, Building Community

E. Social Insights & Communications
Compassionate Communica., Gender Understanding, Embracing Diversity

F. Celebrating, Honoring, Remembering

6. Discovering Spiritual Fulfillment: Being One's Unique Divinity in Joy & Wellbeing, Love & Service;

'The Sacred Journey' - to be Complete, at Peace - Spiritual Alignment & Empowerment for the Whole Being...

A. Spiritual Context: Purpose, Process, Personality

B. Nourishing the oul: Insights on the Path

C. The Sacred Journey - to Know & Express Soul

D. Serving Others, Your Outer Purpose

E. Spiritual Attributes to Archetypes

F. Spiritual Formation & Stages

Summary of Our Roles: **Being the Architecture of Your Life - Living One's Vision** - *Being One's Full-Potential in All Roles & Aspects*

Updated 2/5/2024

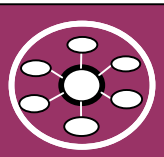
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MEN'S LIFE ARCHITECTURE

2. Men Designing their Life Architecture

Provisioning the *Prince* for Authenticity and Significance

Living One's Vision in All Our Roles & Aspects



Our Life' Roles

Summary of Roles and Goals, Aspects & Aspirations

Rough Draft

Updated 2/5/2024,

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1. Role - to Explore Self: Creating Optimum Well-Being

Nourished, Nurturing while Being at Cause with Freedom & Choice

- **Stages of Personality Integration & Levels of Optimum Wellbeing**
- **Transformational Living (Being At Cause), Transcendent Being**
- **Transforming Life's Challenges**
- **'Wheel of Life' & Expanding Domains of Our Full Expression: Personal to Planetary**
- **Psychological Development (Stages)**
- **Basic Human Needs we Share; Universal Themes**

2. Role - to Profoundly Experience Self: Know Oneself & Be True

Enhancing Integrity, Authenticity, Autonomy, Self Appreciation & Esteem

- **Temperaments - Predispositions** *"Know Thyself"*
- **Attributes & Qualities** *Self Appreciation*
- **Ethics & Values** *Be True to Thyself*
- **Unique Design & Universal Nature** *Life Themes - Blueprint*
- **Fulfilling life Purpose** Mission Statement
- **Transitions & Passages** *Honoring Life's Rhythms*

3. Role - to Powerfully Express Self: *Revealing Significance, Being Full-Potential, Realizing Dreams, Manifesting Mission*

Unfolding Living Legacy (Life-Work Directions): Uncovering Passion-Bliss, Calling-Service, Opus, Expanding Career & Finances

- **Discover Passion- Follow Bliss** *"Fire In Your Belly"*
  Expressing Calling - Service, Living - Leaving a Legacy, Vision & Significance
- **Building a Career Creating Work**
  Hiring: an Employer or Yourself, Educational & Professional Development
- **Fulfilling One's Potential**
  Achiever Skills, Creativity & Imagination, Excellence, Leadership Development
- **Financial Well-Being/ Architecture**
  Prosperity Thinking, Wheel of Abundance Wealth Management
- **Contribution**
  Volunteering, Local Humanitarian, Arts, Advocacy, Education
- **Expanding Domains of Participation/Leadership**

4. Role - to Genuinely Know Aliveness & Joy: *in a Rich & Meaningful Life*

Creating Wholeness & Balance; Fulfillment & Full Expression

- **Wholistic Wellbeing & Fulfillment**
  - **Holistic Wellness**
  - **Emotional Nurturance**
  - **Mental Unfolding**
- **Play, Recreation & Adventure**
  Entertainment, Edutainment
- **Creative Expression; Inspiring Beauty & Harmony**
- **Hobbies & Interests Life Long Learning**
- **Expressing Self Fully at Home; Fulfilling Life Style; Fellowship**
- **Community to Planetary Participation**

5. Role - to Truly Connect: *Finding Fulfilling, Intimate, Authentic Relationships in Deeply Interconnected Lives*

Enjoying Nourishing Relationships: Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

- **Unfolding Nourishing Relationships & Fulfilling Family Life**
- **Enjoying Oneself Socially, Connecting Fully**
- **Belonging & Community**
- **Creating Connectedness, Building Community**
- **Social Insights, E.Q., Communications**
- **Celebrating, Honoring & Remembering**

6. Role - to be Complete (Body, Mind & Spirit), at Peace: *Creating Spiritual Alignment & Empowerment for the Whole Being...*

Discovering Spiritual Fulfillment: Being One's Unique Divinity in Joy & Wellbeing, Love & Service

- **Spiritual Context: Purpose, Process, Personality**
- **Nourishing the Soul: Insights on the Path**
- **The Sacred Journey - to Know & Express Soul**
- **Serving Others, Your Outer Purpose**
- **Spiritual Attributes to Archetypes**
- **Spiritual Formation & Stages**