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Rough Draft

2.7 Enjoying Nourishing Relationships: Connectedness

Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

The Shared Passage *to Truly Connecting, Finding Fulfilling Intimate Authentic Relationships in Deeply Interconnected Life*

Click Any 'Pedal' on Symbol to Explore Subject

Click for Synthesis Chart of Relationship (Left Brain Overview)

Click for Video Intro. of this Page



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2. Men Designing their Life Architecture

MEN'S LIFE ARCHITECTURE

2.7 Enjoying Nourishing Relationships: Connectivity

Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams

Our Life' Roles

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Click Any 'Pedal' on Symbol to Explore Subject

Click for Synthesis Chart of Relationships (Left Brain Overview)

"Relationship... Symbol's Details Chart"

A. Unfolding Intimate & Nourishing Relationships, Fulfilling Family Life As:

Mate-Significant Other, Daughter/Son, Mother/ Father, Grandparent/Child, Sibling(s), ½ & Step Sisters/Brothers, Niece-Nephew/ Aunt-Uncle, In-laws ...

B. Enjoying Oneself Socially, Connecting Fully & Authentically:

BFF's, Friends, Old Pals, Path-Mates, Mutual Interest Buds., Exercise Partners, Home Gatherings, Group Outings, Neighbors, Work Get-Togethers,

C. Belonging & Community

Support/Study Groups, Cultural & Life Style Groups, Fellowship, Work Related Groups, Fraternal Orders/Sister Societies, Volunteer Assoc's., Mutual Interest Groups, Advocacy/ Polit. Groups, Music/Arts Groups...

D. Creating Connected-ness, Building Community

Building Local Communities; State & National Citizenship; Connectedness to Humanity/Mother Earth; Building Local/Global Networks, Embracing One's Own & Diverse Cultures; Intentional Communities/New Cultures

E. Social Insights E.Q./C.Q. (Connectedness Quotient), -Communication Skills

Compassionate Communications, Profound Listening, Gender Insights, Being Real, Handling Difficult People, Four Agreements, Embra-cing Diversity, Social Intelligence...

F. Celebrating, Honoring, Remembering

Celebrating: Life & Dreams Fulfilled, Cultural Festivals, Religious Holidays, Local/Nat. Holi-days; Mourning Losses: Loved Ones & Dreams; Honoring: Life Passages, Everyday Heroes/ Heroines; Remembering ...

Exploring, Experiencing, Expressing
You
And Your Incredible Depth & Breadth

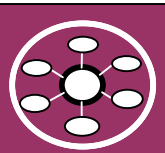
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MEN'S LIFE ARCHITECTURE

2. Men Designing their Life Architecture

2.7 Enjoying Nourishing Relationships: Connectivity

Creating Social Wellbeing, Belonging & Community, Co-Creating Shared Dreams



Our Life' Roles

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Rough Draft

Relationship Synthesis (Left Brain Overview)

A. Unfolding Intimate & Nourishing Relationships, Fulfilling Family Life

- Being a Son/ Daughter
- Being a Sibling
- Being a Mate - Partner
- Parent, Guardian, Bonus Parent
- Being a Grandchild
- Niece, Nephew, Uncle, Aunt
- Being & Having In Laws
- Being a Grand Parent

B. Enjoying Oneself Socially, Connecting Fully & Authentically

- Best Friends Forever
- Friendships Buds, Girl-friends
- Mutual Interest Pals
- Home Gatherings
- Neighbors & Neighborhood Fun Groups
- Spiritual Path Mates
- Old Friends Seldom Seen
- Exercise Partners
- Group Outings
- Work Get Togethers

C. Belonging & Community

- Support Group
- Work Related Groups
- Fraternal Orders, Sister Societies
- Mutual Interest Groups
- Jamming Together
- Cultural & Life Style Groups
- Colleagues
- Volunteer Associations
- Advocacy Groups
- Arts Appre-ciation Groups
- Fellowship
- Professional Associations
- Community Service
- Political Groups
- Study Groups

D. Creating Connectedness, Building Community

- Building Local Community Participation & County-Wide Connectedness
- Engendering a Connection to Humanity and Mother Earth, Planetary Citizenship
- Creating Cultural Connectedness while Embracing Diversity: Profound Plurality
- Creating a sense of State-Wide Connectedness & National Citizenship
- Building Local to Global Networks (Including On-Line Communities)
- Exploring Innovative Group Living and Intentional Communities, New Cultures

E. Social Insights, Relationship & Communication Skills

- "Compassionate Communications"
- Gender Understanding & Balancing
- Embracing Diversity
- "Don't Be Nice, Be Real'
- Profound Listening *Creating Thinking Environments*
- "Handling Difficult People"
- E.Q. - Emotional Intelligence C.Q. – Connection Intelligence
- "Four Agreements"

F. Celebrating, Honoring, Remembering

- "Celebration of Life & Dreams Fulfilled"
- Celebrating Cultural Festivals Deeper Purpose
- Mourning Losses: Loved Ones & Dreams
- Celebrating Religious Holidays True Meaning
- Honoring Personal Transitions & Life's Passages
- Celebrating the Real Significance of Local & National Holidays
- Honoring Everyday Heroes/Heroines & Well Known Transformers
- Remembering those who made the Ultimate Sacrifice

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