Men's Life - Journey, Architecture & Legacy

Updated 3/29/24

Draft

MALE MENTALITY



MEN'S LIFE JOURNEY

Solo Quests

#1 Hero's Journey – *Archetypal Quests of Destiny*

Transmuting the Crucible to the Chalice &
Lead Limitations to Golden Opportunities



Group Journey

Dear Cohearts, Fellow Journeyers, Welcome to the next draft installment on my 2024 commitment to publish insights and create a platform supporting men's transformation, fulfillment and legacy. This section proceeds *Men's Life Architecture* sent to last month. It's the 3rd part of Life's Journey– 'Context & Process'. Like us, it stands on it's own, yet fits best into the group of concepts that proceed in *Men's Life Journey* and follow it in *Men's Life Architecture* and *Living Legacy*. This six page summary will soon follow two other sections which provide more 'Context and Process' insights about our Journey and Self Mastery.
As you'll experience there are numerous concepts summarized on these few pages. The Eternal Loop of Expansion – Manifestation model on Page (5) will help visualize and overview the Process of Life's Journey. The last page relates this model to the Archetypal Journey.
Happy exploring and reflecting.
With Light and Love, Douglas

1.1 Men Healing & Transforming

The Magi's Pilgrimage Inward

Part I - Understanding Core Programming: Polarities & Perpetrations
Part II - Being at Cause and Creating Choice

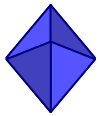


Our Life Transformed

1.2 Men Exploring Themselves & Being True

Part III - Discovering Inner and Outer Life Purpose
Part IV Realizing Purpose, Mission, Vision
Part V Utilizing the Archetypes

Being One's Own Companion, Deeply Connected to Others



Our Life Purpose

1.3 Men Experiencing Self-Mastery

The Heart Warrior's Journey Outward

Part V Understanding Context & Process of the Life's Journey Expanding & Manifesting
Part VI Integrating Levels of Core Capacities, Phases on the Journey



Our Life's Process

1. The Hero's Journey – Archetypal Quests of Destiny

1.3 Men Experiencing Self-Mastery

1.3 A - Infinity Model of Expanding & Manifesting

Our Life's Process

Understanding the Context & Process of Our Life's Journey

Rough Draft

Dear Journeyer:

Men's Life's Journey is a wayfarer's journal notes to help guide us on "the Way." It is excerpted musings along "the Path" of - healing, transforming, expressing our potential, fulfilling our life purpose, living one's vision and co-creating with others a living legacy – Self-Mastery.

Please enjoy experiencing this beautiful journey! You are invited to savor insights from this journal when you want nourishment for the whole being, rejuvenation for the soul. Please probe the provocative perspectives to play with new possibilities of how life can show up, then use the resources that are provided on expressing your Life Purpose.

On the 5th page of this mini-booklet there is an illustration of, *Life's Journey: The Infinity Image, Symbolizing Personal Expansion & Manifestation* .

In Fellowship & Solidarity, Douglas Moreton (Original Draft 2002)

LIFE'S JOURNEY
Expressing Our Full Potential: Body, Mind, & Spirit

Your adventure exploring & expressing your Unique Design;
Your Journey of Full Potential & Fulfillment in all your Roles & Domains

Welcome to this exploration of Personal Life Purpose & Destiny, Mission and Vision. Through the process of our personal expansion and manifestation* we grow in our capacity to realize our intentions and fulfill our dreams. Since one's Outer Purpose, Mission and Vision always serve the greater good we are ever on the Path of Service creating a Living Legacy. This is the art of Being, Doing, Having. It is portrayed in the journeys of archetypal myths.

It is the Hero's Quest: Uniquely Becoming Your Transformative Purpose;
Being Your Mission, Living Your Vision

This is the 'Architecture of Life,' a Mosaic Model for Our Shared Journey of Fulfilling Our Potential and Living One's Vision It is context for process of Expansion & Manifestation.

> Men's Life Architecture is about our shared purpose for being – creation.
> Purpose-Mission-Vision is the process of creation, with expansion and manifestation being the evolving outcome.

Purpose = pure essence, Mission = compelling intention, Vision = fulfilled form.

The Infinity Sign is a synergistic symbol of our individual expansion and manifestation as well as collective 'involutionary' intention (of taking birth) and evolutionary expression (expanding Life). It is the beautiful mosaic of life made up many individual threads that when woven together create a tapestry of life. A tapestry only seen from underneath is chaos yet when a viewed from a higher perspective is a beautiful scene that makes sense of life supporting us to be the Architect of Our Life.

The Heart *Warrior's* Journey Outward

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THE NARROW PATH TO FULL POTENTIAL IN ACTION

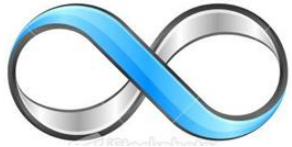
To be transformed is to live our full potential in all the Roles and Domains of our life: relationship/family, career organization and service institution, place of worship, neighborhood/community, … planet. Renewing our minds and transforming our lives results in effectively expressing our divinely inspired and humanly expressed leadership. It means using our special gifts with gratitude, applying our inspired imagination in humility, and living joyfully through our unique purpose.

THE MOBIUS IS *THE INFINITY SIGN*, THE ETERNAL LOOP

The infinity sign represents the eternal movement of Life (change is the constant.)
It symbolizes the journey of the soul through the architecture of life.
It illustrates the path from being a "clod of ailments" complaining, rationalizing, blaming to a conscientious transformative Presence expressing love and purpose.

The Infinity Sign symbolizes Life's eternal expansion of our full potential by exploring, experiencing and expressing. We learn and apply, discover and design. Knowledge comes from study, wisdom comes from experimenting with implementation. This is the process of Transformative Living through Expansion and Manifestation represented by the Mobius. This is the movement from Purpose's pure essence, to Mission's compelling intention, to fulfilling this in Vision's form. It is the movement of 'Being' to doing and then having. Spirituality's adage is "Of such heavenly concern, no earthly use" or 'of such earthly concern no heavenly use.' That is the core concept in expansion manifestation: Explore & Express. Einstein scientifically noted that we are always in motion expanding or in entropy (decaying). We do this by choice and commitment or life's defaults set in to initiate movement. We are either about 'reasons' or 'results.'

The Helix of Life Symbolizes Our Increased Capacity to be a Vessel for Creation and a Vehicle for Service



As one gains in capacity to expand and manifest your purpose, your intentions the Infinity Symbol would grow in size. A more accurate image could be visualized with the loop (not folding back on itself but) ascending higher each turn. This upward movement represents how as we grow we can expand roles and responsibilities: family, organization, community, nation, planet… Like the helix of our DNA, expansion and manifestation are intertwined in ever increasing opportunities to serve with our garnered wisdom and honed qualities of character, especially love. Inner and Outer Life Purpose are the helix strands.



A MODEL FOR FULLFILLMENT – SELF-MASTERY

HEALING AND TRANSFORMING
EXPRESSING YOUR FULL POTENTIAL
MANIFESTING YOUR UNIQUE LIFE PURPOSE

Rough Draft

We are all have a unique Life Purpose. This purpose is qualitative; it is how we express our Essence. We are each an individual flower in Creation's Garden (earth), our purpose is to experiment with and to demonstrate divine beauty in a unique way. Once we are in touch with this purpose, we can begin to identify 'our calling' - the mission which we will contribute to advancing the human spirit. Outer Life Purpose always has to do with other people.

We all have special gifts to use in expressing our Purpose. It seems like most of us spend our time just learning how to survive on earth and spend little time cultivating our unique beauty. We all have obstacles in our environment and limitations in the character to overcome. These obstacles help train us in ways that will better equip us to carry out our unique purpose. When we hold a belief of not being good enough in some areas of our life, we work extra hard compensating for that weakness. Because of this we grow strong in character.

Our most evident shortcomings will someday be
our most prized gift back to the Universe.

These limitations, transmuted will likely be the very things we will use the most in supporting other people to be their full potential. There will always be someone through grace who is sent to mentor us forward. So with one hand extended to the person in front who has walking just ahead of us, we then extend a hand back to the people we are to in turn support. Thus Life is ever linked in a chain of grace, each passing along what we are learning.

The process of resolving problems and recovering from effects of the obstacles in our environment is traditionally called healing. Healing our issues is the first stage in realizing our incarnation's goals. *Transformational Healing* goes on to explore beneath the symptoms to their cause - the deeper relationship of body - mind - spirit. As we understand more of the symptoms cause we can identify more of the patterns that inhibit the immune system or precipitates an 'accident'. This makes it easier to go beyond circumstances, past the surface behaviors of the characters we have created to act out dramas on this stage of our life's unfolding purpose. When we understand more of the benefit our problems have been it assists in maturing up it the related attitudes, emotions and behaviors. This has the unique affect of dispelling blame, even seeming to dissipate the need to forgive. A new spirit-infused understanding is born as we see the truth of another's deepest motivations (hidden in their sub conscious).

Transformational Healing is thus the ongoing process of creating optimum health and well being. It is the process of discovering and overcoming the subconscious patterns that 'lie' behind our problems. Our mind's our renewed through this transformational, spirit-infused process.

Ongoing health means creating optimum well being which comes from shifting our understanding to the soul's perspective and renewing our mind. It's the process of being transformed through all our levels - physically, emotionally, mentally, as an integrated personality (socially), and spiritually.

Being Our Full Potential is the process of expressing a transformed attitude through an integrated personality, which can then interact effectively in the world expressing Life Purpose. It is imperative that we always put into action what we have just learned. If we are not growing in capacity we are contracting (dying at some level of our being). When we take action on our insights we take responsibility for our lives. Eventually this action will involve others as move to facilitating shared aspirations and dreams. This consciously begins the process of expressing our Life and manifesting our mission. It is not only wonderful to be creating something bigger than our selves, it's part of our original design as in the old verse, "A people without a vision die." "Living the Vision" is our invitation to co-create transformation - in relationships, in groups, in institutions, in cultures and in society.

THE PATH TO SELF-MASTERY, OPTIMUM WELL BEING, EXPRESSING OUR FULL POTENTIAL, FULFILLMENT

As an introduction to understanding the *Life's Journey Infinity Model* for transformation the previous page introduced four fundaments of optimum wellbeing and fulfillment: 1) healing, 2) transformation, 3) full potential &, 4) expressing our Life Purpose. The next step in exploring this Mobius Mosaic is to look at the underlying process of discovery, expansion and manifestation that accompany this eternal growth cycle.

DISCOVERY - EXPANSION - MANIFESTATION

Growth begins with discovery. We search for meaning, seek answers, look for solutions and we discover truth (universal truths.) This process of gaining insight expands our capacities, extends boundaries of awareness; thus Expansion = Consciousness. This dimension of expansion increases who we are capable of Being. Moving from capacity to actuality requires putting insights into action - praxis. Taking action means "grounding" knowledge in experience which propagates wisdom.

It has been said that you can fall off the path on one side into expansion that leads to ungrounded fantasy (self delusion,) "being of such heavenly concern of no earthly use." Conversely, you can fall to the other side in the grindstone of just doing so that you forget to look within for the divine purpose (early concerns without heavenly use.) Also without looking up to the horizon of ones Vision it is difficult to navigate a true course. It is the nature of balanced growth to Discover, Expand, then Manifest. Expansion is ever followed by manifestation, as extension is followed by depth. Below are two other sequences which express the same progression.

1. Explore it - Experience it - Express it
2. Know it - Feel it - Act on it

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Rough Draft

To *dream* possibilities is the initial inspiration or divine revelation that calls us to create something in the world. "A person who builds no castles in the air, builds no castles anywhere." Seeing what is missing in the world and dreaming new possibilities is where the process of creation begins. And to uniquely expand creation is a macro purpose of taking incarnation.

Next we move the dream into a phased and milestone based *plan*. Without a plan we are like a ship without a chart and course. 'No wind blows well for a ship without a course', so we get easily distracted. A plan includes: Purpose/ Mission Statements, Goals/Objectives, and Strategies/Tactics.

We then can visualize (enVision) what would be possible when the plan is being realized in 5, 10 or more years. As the dream is coming to fruition, being its full potential what it might look like is the *Vision*.

If we do not move our dreams into action move upward into the seductively safe fantasies. Similarly, if we do not keep our hearts true to our core purpose and our eyes on the vision, dreams can be ground down into resentfully draining duties.

→ or up to FANTASY
DREAMS move to VISION and then into MANIFESTATION
→ or without balance down to GRINDSTONE

As we begin consciously expressing our Life Purpose, utilizing our gifts and acquired talents to manifest our mission, we can experience being *called* by Spirit to a particular role. In time with our head in heaven, our feet on earth and our hearts lovingly outstretched, we could experience the *anointing* that makes us truly a vehicle for divine purpose pouring in and through us. As in the hero quest it begins with a challenge and one is "called."

1. **The Call –** in being *Challenged we Clarify and are* "Inspired"
2. **Covenant –** By making a choice, we are *Equipped and* "Aspire"
3. **Commission –** Through commitment we are *Anointed* and "Achieve"

CHOICE - COMMITMENT
At every junction or challenge of the path and at every new level of responsibility there is Choice & Commitment

We begin the discovery process by choosing, we expand Who we are through choice, then we choose to take action resolving problems and manifesting our dreams. Without choice nothing happens consciously. Without commitment nothing happens. To want is a good start; to choose aligns your will with your intention; to commit empowers your choice with disciplined action.

Here is where the statement "You are about reasons or results" gets tested. Most people subconsciously fear success more than failure. Fearing failure is understandable emotionally. It "proves" the mind right with its subconsciously conditioned beliefs, rationalizing and blaming. Yet when a great decision maker was asked how he got so decisively wise he noted he'd just made more mistakes getting there than most other people. Without making a decision to face the difficult choices, then the possibility of real choices doesn't even show up. By not making a choice, one truly fails in not trying.

When we are successful and have many people 'depending' on us the ego can utilize fear's ploy of self-aggrandizement. Then there is no one to blame except oneself. Complaining about others leadership is easier than making the hard choices when one carries the same responsibility. Maturation, unfolding, and growth are not necessarily in the big decisions but rather in the thousands of small decisions that guide our course daily. Each cycle of choice - action brings a new round of expansion - manifestation, broadening the boundaries of what is possible for our Full Potential. Thus the helix of expressing Inner and Outer Life Purpose in all our roles/domains is an hour glass - broader at top and bottom.

FREEDOM FROM - FREEDOM TO
Is The Transition Where True Transformation Is Experienced

Most people consciously begin the transformative process trying to: 1) get rid of something - disease, compulsion, fear, a debilitating behavior, an unconscious pattern sabotaging success; or 2) overcoming loss, grief, betrayal... We seek *freedom from* a problem. This is an important decision. However it is like backing into the future looking at the problem we are trying to solve. Unless we are consciously transforming our lives resolving our debilitating patterns we will constantly re-create circumstances to mirror the problem. This dynamic keeps us mired in the tempests of our life and not expressing our Life Purpose and being fulfilled. 'The mind would rather be right than happy' so the torments of the known are safer than the fears of the unknown.

Freedom to is the process of moving from getting well to being well. It is where we leave the vicious cycle of simply gaining skills in healing problems we may have unconsciously precipitated. It is the point where with a renewed mind the possibility of a real choices and Transformational Living happens.

If we don't resolve the underlying pattern of dysfunctional beliefs we will simply remanufacture a new problem, like the old one. In this way it appears like we are overcoming again and achieving a new victory. Thus what we get good at in this endless loop is producing problems to resolve, hurts to be healed, failures to be processed. It is the invitation of "freedom to" that moves us from simply gaining skills in healing problems we've unconsciously precipitating. We move from 'getting well' to 'being well'.

It is like spending your life manipulating problems in your life, like arranging iron filings on classroom table into some order. When you can apply the magnetic power of your purpose and vision under the table and suddenly all the filings take order. "Freedom to" is more than simply seeing what's 'What's missing in your life?' it's how do you want to fulfill your purpose and express your full potential in each domain of your life.

Freedom to happens when we have processed and healed the cause of problems and any subconscious pattern that is drawing the problem to us. We are beyond the mind as we move in Spirit where we have the freedom to express our full-potential. It is knowing and expressing our Purpose for Living that transforms our lives. We face forward into a future whose divine vision beckons us.

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Rough Draft

TO GO FORWARD WE MUST GO BACK TO - "HEAL THE CAUSE"

To go to the great heights of our creative potential we must first go to great depths of our being. In the Mirror of Self Reflection you -

Go Back To:	-	Go Forward To:
Heal the cause, get well	-	Take action, Be well.
Know and Accept Oneself	-	Understand and Accept Others
Love and Be Yourself	-	Love and Serve Others
Discover Freedom from …	-	Experience Freedom to …

TRANSFORMING OUR LIFE HAS THREE LEVELS:

1. The Physical (Laws, Scientific) Level
2. Grace or Miracle Level
3. Causal Level

Transformation is a name given to this process of expanding and expressing our growth. The foundation of growth is in the Physical Level for this is the Universe's scientific Law of expansion and entropy.

Yet because Love is the nature of the Universe so we have Grace and through the Spirit we have miracles. We have been given dominion of the things of matter and energy. We have authority over disease.

With wisdom we may know the cause of the illness and heal it at the roots, thus preventing it from returning or appearing in a new form.
With this wisdom we can cooperate with the natural laws of healing; we can know how to invoke the best and highest and manifest miracles. But, most of all we can help the body repair itself and emotions heal by renewing the mind and transforming our lives.

In LEVEL I - we focus on the physical body where the physical sciences apply; where cause and effect are monitored. Observing Natural Laws has visible consequences, like the affects of proper nutrients, exercise, rest, structural balancing. There are also moral and spiritual laws, which have powerful affects, when aligned. For example, the law of cause and affect (Karma) is about sowing seeds that reap consequences (which is about learning from our mistakes so that we may take responsibility and restore integrity). The first step in healing and being our full potential is right conduct. Within each of us is the *archetype of Heart Warrior* humbly vows to high principles and champions noble causes.

In LEVEL II - We see miracles invoked by our belief (left brain) in the most beneficent outcome and faith (right brain) in 'all things work for good' for those who have faith in the Greater Good (the love that creates and unites all things). Each of us has been given dominion over our body. Invoking and speaking Affirming Words that can change energy. Within each of us is the also a *second archetype - Healer, Sage, Mage or Priest* that aligns with Source and is capable of powerfully accessing truth and manifesting healing and harmony.

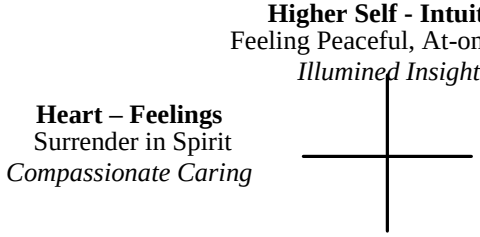
In LEVEL III - We add the Causal Level which grants us the ability to understand WHY we got the problem in the first place. With wisdom we may know the cause of the problems (like illness) and heal it at the roots, thus preventing it from returning or appearing in a new form. We can cooperate with the natural laws of healing. Most of all we can help the body repair itself by renewing the mind and transforming our lives. Seeing (and acting on) the truth sets us free. Within each of us is a *third archetype the King* who divinely guides our inner realms and manifests in the outer world.

Thus within we learn to utilize the core archetypes within us: King and it's polarity - Companion, Priest and Heart (Spiritual) Warrior. They are not identities we hide in, but roles we use each new challenge, thus successfully expressing our Life Purpose. We are like the divine child in the center of the this diagram who simply puts on the divine mantel that serves best the highest intention in that moment. (In this site's section are diagrams of these archetypes.)

BODY, MIND AND SPIRIT - THE PHASES OF INTEGRATION
Physical, Emotional, Mental, Personality, and Spiritual. (Please see illustration on the Stages of Integration in the Life Purpose section.)

The invitation of Life is to deeply explore and richly express our creative uniqueness (divinity) through: thinking, feeling, sensing, intuiting. At first this might by illustrated by the diagram below, where we are invited to express ourselves with in equally adept capacity. Even though we have our genetic, personal and cultural predispositions there awaits the possibility of unfolding our experience of life and our expression of life in a balanced manner.

Skillfully Integrating & Soulfully Balancing
The invitation of Life is to deeply explore and richly express our Creative Uniqueness (divinity) through -



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MEN'S LIFE JOURNEY

Men Experiencing Self-Mastery
The Eternal Movement of Expanding & Manifesting (p. 5)

Rough Draft

Our Life's Process

A Mosaic Model for Our Journey of Self Mastery & Service - The Architecture of Life is about our shared purpose for being – creation. Purpose-Mission-Vision is the process of creation, expansion and manifestation is the result. *Purpose's pure essence, Mission's compelling intention, vision's fulfilled form.* The Infinity Sign is a synergistic symbol of our individual expansion and manifestation as well as collective involutionary intention and evolutionary expression. It is the beautiful mosaic of life made up many little pieces that together create a scene that helps make sense of life and helps support us to more easily be the Architect of One's Life. ***Secondary Insights in this Color***

Self Defeating Patterns become Soul-Serving Possibilities
Upleveling Psychological Payoffs to Compensations then to Benefits
1. Detriments Transmuted to Attributes
2. Challenges Transformed to Qualities-Gifts-Service
3. Self Service Personality Trans-cended to Soulful Qualities

Start Here

Life Blueprint:
Through personality inventories, life stage surveys, analysis instruments... you create a blueprint for how you can best build your dreams & fulfill your destiny. Knowing one's predispositions & preferences, challenges & strengths guides choices.

A. Inner Purpose

Your adventure exploring & expressing your Unique Design; Your Journey of Full Potential & Fulfillment; Your Path of Transformative Service

1. *Exploring* Purpose

You can choose to explore and experience, your unique qualities which you commit to consciously express. The exceptional attributes related to your Life Purpose you seek to creatively unfold. Know thyself be true.

B. Outer Purpose

The Hero's Quest: Through service we garner love, gain wisdom and expand mastery through living the mission/vision

4. *Discovering* Outer Life Purpose

Has to do with others; Is about serving; Makes a difference; Is inspired by love; Where you know you are "Gifted & Called, Equipped & Anointed"

Expressing Full Potential in all Facets & Domains
Family Domain
Organizational Domain
Institutional Domain
Community Domain
Enterprises Domain
Planetary Domain
(As move around the infinity symbol you ever expand your capcity from individual to planetary potential.)

Living Legacy Design
Your plan to be your full potential and make a difference in all your roles family to humanity.

5. *Designing* The Mission

A compelling statement about he difference you want to make in the world. The Living Legacy you are creating. Your Passion, "Fire In the Belly"

Development Plan
To Manifest Mission
'Project' Goals, Objectives, Strategies, Tactics; Phased Strategic Development Plan

Expressing full potential in Traditional Facets of life
Physical & Health;
Mental & Educ.;
Social and Cultural;
Spiritual & Ethical;
Family & Home;
Financial & Career

Freedom From…
Healing the Cause

A. Clarify

B. Choose

C. Commit

Freedom To…
Being at Cause

EXPANDING
Healing & Transforming

1.The Call
Challenged
"Inspire"

A. Clarify

B. Choose

2. Covenant
Equipped
"Aspire"

C. Commit

3. Commission
Anointed
"Achieve"

MANIFESTING
Serving & CoCreating

2. *Exper-iencing* Dreams Unlimited

What are your dreams unlimited by the 'rational doubts of reasonable men.' What truly inspires you and what do you aspire to as a full-potential & fulfilling life.

What guides you on this quest is the 'call' heard deep within your Life Purpose are the *Personal Values* (Vow to Self) that you commit to and *Family Culture (Statement/ Covenant).*

Tiers of Integration
Health Quotient – HQ
Emotional Quotient - EQ
Wisdom Quotient- WQ
Social Quotient - SQ
Universal (Spiritual) UQ

3. *Expressing* Full Potential Fulfilling Destiny

Destiny is more than what is said about your purpose-ful, fulfilling life, well lived in love & service. As we live fully in the moment while on intentional journeys we transmute the ordinary to the extraordinary. Once we choose to consciously begin your quest we enter the mythological realms of epical destinies and mystical forces of synchronicity & serendipity.

4 Paths & Archetypes
Will & King
Heart & Sage, Priest, Healer
Head & Warrior
Hands & Companion

Life Architectures "Naviga-tion Chart" ***Being the Architect of Your Life in all Roles***
1. Creating Optimum Well-Being
2. Knowing Oneself & Being True
3. Unfolding Life-Work Directions
4. Creating Wholeness & Balance
5. Enjoying Nourishing Relationships
6. Discovering Spiritual Fulfillment

6. *Delivering on* Vision

Your Mission realized in it's Full-Potential in the years to come – qualitatively & quantitatively. Your Living Legacy

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The Hero's Quest – Destiny's Crucible & Chalice

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Life is a Quest that leads us along the Path of Service while *Uniquely Becoming our Transformative Purpose; Being our Mission, Living our Vision.* Through service we cultivate love, propagate wisdom and harvest mastery. This eternal process of expanding inner depth and manifesting outer capacity. **Destiny** comes from the character that is garnered through a Quest for a Vision whether it is manifested in the way you expected. As we live fully in the moment while on intentional journeys we transmute the ordinary to the extraordinary. Once we choose to consciously begin our quest we enter the mythological realms of epical destinies & mystical forces of synchronicity & serendipity.



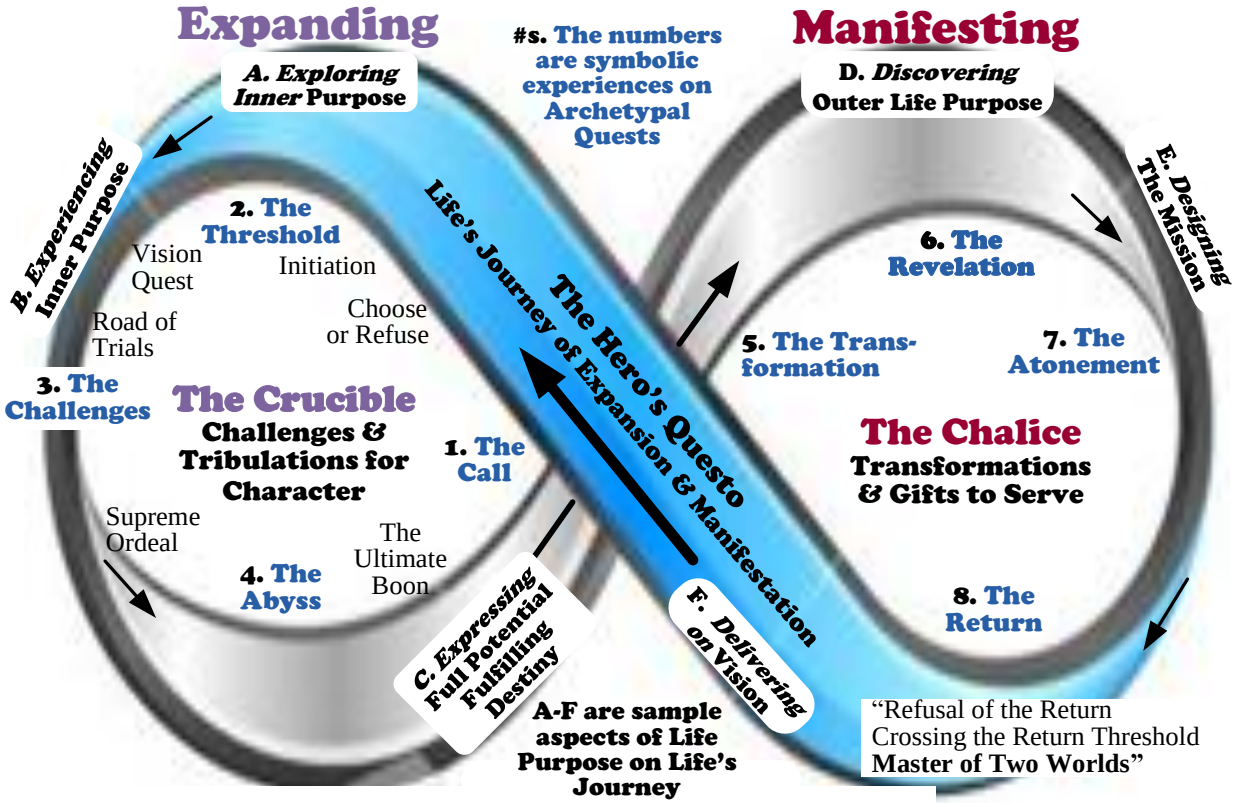
Crucible

The Crucible and Chalice symbolize two vessels for our soul on the expansion and manifestation that is the purpose of life. The Crucible represents a smelting pot for turning the raw ore of our personality into gold. The crucible is the mortar and pestle grinding the wheat from the chaff in our character. The Chalice represents the personality as receptacle for the soul flowing over with the fruits and gifts of Spirit to nourish all whom we serve. The macro & micro in energy are ever expanding or contracting, just as the soul is growing or in entropy. Hero's & Heroines in mythology can be awakened from their comfortable lives and called to a quest. When are soul seeks to trigger expansion a default setting can be triggered and an obstacle comes as challenge to inspire us.



Chalice

Stages of Integration
As we move up the stages of personality integration from 'impulse ridden,' to 'opportunistic,' and on to 'conforming,' we now likely experience our lives in the Chalice. The Crucible (Mortar & Pestle) breaks up are smug mediocrity, challenges us and builds character. It is suggested that when we move to the next stage of 'conscientious' it can the hardest because all our self-serving behaviors are now consciously challenged and we move from being the object of our lives to be the subject. Yet it can be even harder because we are creating our principles to inspire to & there isn't the safety of conformity. It's interesting that the final stage of growth, 'self-actualization' is characterized by one major difference that brings the serenity of 'self-acceptance.' Not a resignation or detachment to what is, but conscious discernment & intentionality, resulting in the equanimity of compassionate self-Understanding.



Growth around Eternal Loop
Hercules'12 Tribulations*- *Transformations* in Zodiac's Lessons
"*The path of souls to ascension lies through the twelve signs of the Zodiac…*" Clement of Alexandria
1. "Man-Eating Maries*" - Aires, *Will's creative expression transform-ed from material to spiritual.*
2. "Cretan Bull*" - Taurus*: Desire transformed to directed purpose*
3. "Golden Apples*" - Gemini, *Duality balanced, opposites, i.e. love-wisdom integrated.*
4. "Capture of the Hind*" - Cancer*: Moving from identity in form to serve humanity*
5. "Slaying ... Lion*" - Leo, Sensi-tivity leading to self-consciousness & Self assertion.
6. "Seizing...Hippolyte*"-Virgo:both *form & spirit nurtured, thus soul*
7. "The Capture ...Boa,*" Libra, *Equilibrium of life of soul & form*
8. "Destroying ...Hydra*" - Scorpio*: Trials to triumphs, reorienting focus*
9. "Killing the Stymhalian …*" - Sagittarius Focused direction, first self-serving, then Self
10. "Slaying Cererus*" - Capricorn,: *Extreme characteristics overcome*
11."Cleaning ...Stables*" Aquarius*: Serving moves from indiv. to group*.
12. "Capture of ... Geyron*" Pisces: *Soul infused life beyond personality*

Transmuting Lead to Gold – Turning detriments to attributes and self-defeating behaviors to Self supporting and personality props to humble service… *Our greatest seeming separation from Source when transmuted is greatest gift to back to Creation, and through you it, is Spirit's gift to others.*

Archetypal Character is discovered, tested and strengthened with the hero's quests on Life's Journey: Warrior & Priest/Magi/Healer and King & Lover/Companion. We can consciously choose quests as in Purpose-Mission-Vision, &/or inevitably quests choose us. Soul's ever seek exploring, experiencing and expressing uniqueness in the context of advancing the human spirit. Joseph Campbell diagrammed these archetypes in their mature and immature states and off-centered development. For example an un-integrated King could be on either of the extremes 'The Tyrant' or the 'Weakling.'

The Eternal Loop illustrates that we 'grow' round and round exploring our uniqueness & mature in capacity to love & serve.

Archetypal Christ - In mystical Christianity the six stages symbolized on the journey of Spirit in physical form are: Birth, Baptism, Transfiguration, Crucifixion, Resurrection & Ascension